

### **Love Food**

*Planning on staying in on Valentine's Day? Make the day special – start with breakfast in bed, then fancy sarnys in your lunchbox and finish with a romantic meal for two.*

#### **Breakfast in Bed:**

*Make the most of your morning together and enjoy breakfast in bed*

- Smoked salmon and poached eggs on a toasted muffin
- Scotch pancakes with smoked streaky bacon and maple syrup
- Brie and bacon croissant
- The classic full English

#### **Lunch:**

*If you both are out to work on Valentine's Day then spice up things in your lunch boxes*

- Open prawn cocktail sandwich with rocket salad and dill mayonnaise
- Roast beef and salad ciabatta with onion marmalade
- Toasted club sandwich with chicken breast, bacon and hard-boiled egg
- Deli pasta salad with prosciutto, tomatoes and pesto dressing
- Mediterranean bean salad with artichoke hearts, tomatoes and goats cheese

#### **Dinner:**

*Now for the important one - choose a simple but impressive dinner that isn't going to monopolize all of your time*

#### **Starters**

- Asparagus, prosciutto and mozzarella parcels
- King prawns cooked in chilli, lemon and garlic
- Chicken liver pate with toasted ciabatta
- Crispy duck leg with honey and chilli glaze

#### **Main**

- Pan-fried seabass fillets with linguine and pancetta and pesto dressing
- Roast duck breast with plum and red wine sauce, creamy caramelised onion mash potato and spiced red cabbage
- Chicken supreme stuffed with mushrooms and stilton, creamy white wine sauce and rosemary and thyme sautéed potatoes
- Thai style vegetable stir fry with chilli and ginger dressing and noodles

#### **Dessert**

- Hot chocolate pudding with a chocolate and cointreau sauce served with vanilla ice cream
- Crème brulee with strawberries and shortbread biscuits
- Tangy lemon and lime cheesecake

#### **Valentine's Cocktails**

- Bellini - *Prosecco and peach puree*
- Mojito - *White rum, soda, lime and mint*
- Strawberry Daiquiri - *White rum and fresh strawberries with a squeeze of lime*
- Kir Royale - *Prosecco and blackcurrant puree*
- Cosmopolitan – *Vodka, triple sec, cranberry juice and a squeeze of lime*